



Estd: 1991

SOMANATH EDUCATIONAL TRUST'S  
**S. B. PATIL INSTITUTE FOR DENTAL SCIENCES & RESEARCH**  
**BIDAR – 585 402 (KARNATAKA)**

(Affiliated to Rajiv Gandhi University of Health Sciences & Recognized by Dental Council of India)

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**7.2.1 Describe two Institutional Best Practices as per the NAAC format provided in the Manual**

**Response:**

**BEST PRACTICE: 1**

**Title of the practice:**

**Institutional outreach services for comprehensive community oral health care**

**Objectives of the practice:**

In accordance with the vision and mission of the institution, to:

1. spread oral health care awareness among the public & reduce oral disease burden
2. reach voluntary oral health care services to the community
3. reach oral health care solutions to the unreached
4. infuse experiential learning among students through community dental health programmes
5. practice evidence-based dental health care promotion strategies through community involvement, empowerment and capacity building.

**The context**

As a secondary dental care centre, our institution is a forerunner in conducting community dental programmes that offer essential oral health care awareness and services to all age groups of the society; thus reducing the oral disease burden of the society. Evidence-based best practices help in assessing the needy population. All these community dental services assist in the development, integration, expansion and enhancement of various oral health programmes at the zonal, regional, and national levels. Long term partnerships with (Vaishnavi NGO Bidar) NGOs are encouraged. In addition to treatment, health promotional initiatives are focused upon. As an elite centre of higher education, our institution is motivating and involving all our undergraduate and postgraduate students in community dental services; this enhances their experiential learning and imparts an attitude of social service and professionalism in them.

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## The practice

### 1. Voluntary oral health care services to individuals of all age groups of the community:

- School and Community dental programmes have been organized by the departments of Pedodontics & Preventive Dentistry, Public Health Dentistry, Prosthodontics and Oral Medicine and Radiology.

- *A fully equipped mobile dental van is used for all dental camps.*

It comprises of : 2 dental chairs, 2 dismantlable dental chairs, inbuilt water tank, compressor and audio system for facilitating oral health care talk Working team: staff, postgraduate students, interns and attenders Oral health awareness talks are given using charts, posters, models and games

(edutainment); few innovative edutainment tools used for children are: Kident, and Tooth fairy Basic dental procedures are performed on site.

Elders and differently abled who cannot visit our hospital, are given oral care solutions at their door step

### 1. Spreading oral health care awareness among the public, thereby reducing oral disease burden:

**Health talks** (using Charts, models and posters) before offering treatment

Public is addressed about prevention of common oral diseases, deleterious habits and maintenance of good oral hygiene

Specific dental camps to screen key ailments: cleft lip / palate and oral precancer & cancer; tobacco and AIDS awareness camps

### 1. Infusing experiential learning among students through community dental health programmes:

The undergraduates and postgraduates are given hands on training in community services and are taught dental public health competencies, thereby enhancing their experiential learning.

### 1. Evidence-based health promotion strategies, emphasising community empowerment, and capacity building:

**Four satellite centres** (at old city Bidar)

established by the institution, have sufficient provision to furnish diagnosis and treatment of oral diseases.

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**All these ventures have been possible owing to the continued support and guidance of RSST.**

**Evidence of success:**

Reflected in the **number of camps being conducted and the beneficiaries**

Total Camps by the institution (last 5 years) - 143

Number of beneficiaries - 24586

Improved oral health conditions (evident by follow ups)

Active participation of the public

Alumni are participating in these outreach programmes till today.

**Problems encountered and Resources required:**

Interruptions in power supply at times; overcome by innovative hand pump.

**BEST PRACTICE 2:**

**TITLE OF PRACTICE - PATIENT CENTRIC CARE**

**Objectives:**

- To promote patient-centric care and imbibe the spirit of virtuousness and service amongst the students.
- As a secondary health provider for multidisciplinary and advance oral diseases.
- To make oral health services available to the community in rural areas
- To inculcate an atmosphere of professional ethics in students and faculties
- To imbibe evidence-based approach in providing oral health care
- To promote experimental and participatory learning through community-based services.

**The Context**

- In spite of a vast development in the health sector, our rural and sub urban areas still remain the most unreached areas in the health care services.
- A vast majority of this population still fails to seek treatment for oro-facial diseases due to lack of awareness regarding oral health issues or lack of means to seek timely intervention.
- Monetary issues also play a key role in seeking timely intervention amongst the community below poverty line and affordability of dental treatment still remains a major issue in oral health care in the general population.

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### Practices:

- Awareness of the masses regarding oral health is done through community and school camps.
- Tobacco cell has been established to provide awareness about tobacco related effects and counselling is provided to needy patients.
- Rallies have been conducted on 'No Tobacco Day', 'oral health day', 'world AIDS day', 'oral cancer day' and 'Environment day' to sensitize the general population towards the outcome of habits and timely treatment for various ailments.
- Complete dentures are provided to the Geriatric population under the Dant Bhagya scheme.
- Advanced treatment is provided including major surgeries for oral cancer, cosmetic surgeries, TMJ surgeries, trauma.
- The management provides funds towards payment of certain expenditures to reduce the financial burden.
- Mobile dental clinic is provided for appropriate dental health care during camps.
- Follow-up of patients are strictly maintained, and telephonic reminders are given where required.

### Evidence of success

- 143 camps have been conducted with screening of 24586 patients, following visit of these patients to the hospital for further treatment.
- Patient seeking care for prevention and management of basic and advanced dental ailments.
- Routine dental procedures are performed with on par excellence.
- variety of special cases were treated in various specialties
- 33 oral cancer cases were operated with reconstruction procedures.
- Other surgeries undertaken include Oral submucous fibrosis, cleft lip and palate, TMJ, cysts and tumors including vascular lesions.
- Various potentially malignant disorders, ulcerative lesions, autoimmune disorders, orofacial pain conditions are all treated by innovative and evidence-based management strategies.
- Advanced periodontal regenerative procedures like root coverage, hemi section, root resection, bone grafting, GBR, and GTR procedures are undertaken
- Orthodontic treatment procedures which includes fixed functional appliances, orthopedic arch expansion, zygomatic screw placements for impaction of maxillary arch and current techniques like self-ligating, clear aligners and pitta are also practiced.
- Special treatment procedures like nasal, eye and ear prostheses obturators and fixed prostheses like Andrews, Maryland, Pierre abutments are undertaken for rehabilitation of maxillofacial region.
- Dental implants are being made affordable to the masses and are undertaken as a routine procedure.

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- To aid the final diagnosis of the disease the department of oral pathology and microbiology has embraced the advanced techniques like Immuno histochemistry which aids in adequate and appropriate management of maxillofacial pathologies. Prompt services are provided from this department for evaluating safe margins during onco surgical procedures.
- Root canal therapies are done with the state of art equipment like Endodontic surgical microscope
- Complete dentures were provided to patients under Dant Bhagya scheme on a regular basis.
- Total of 1655 patients with Advanced procedures were treated.

**Problems encountered and resources required**

College runs under the charitable trust and therefore cannot charge the required amount for the treatment procedures. Hence, more financial resources to be mobilized through the different government schemes for the welfare of patients of socio- economically backward Kalyan Karnataka Region.

  
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